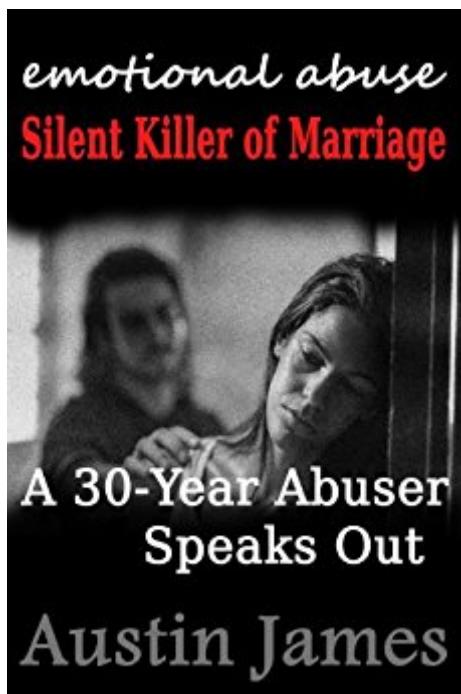


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# Emotional Abuse: Silent Killer Of Marriage - A 30-Year Abuser Speaks Out



## Synopsis

Stuck in an Emotionally Abusive Relationship? Burrow inside an abuser's head and find out why I...\* am so charming one minute and a raging manic the next\* blame you for everything\* must stay in control all the time\* belittle your feelings, opinions, or your accomplishments\* try to punish you\* never seem to support you\* cut you down in front of friends and family\* can't stop my behavior even if I wanted to\* cause you to walk on eggshells around me\* am angry so much of the time\* don't provide your emotional needs\* can't admit when I am wrong\* expect so much of you\* can't accept the word NoGo on a revealing, first hand journey with a man, husband, and father who spent 33-years locked in the prison of emotional abuse, as it destroyed his 24-year marriage and crippled the woman and children he loves. Experience the awakening that hurled him through a nightmarish journey to the most inner core of his soul. Discover what he learned during five years of recovery as he put his emotionally destructive lifestyle behind him, and later, discovered that the horrors of his 33-year abusive life stemmed from events that happened as a teenager, following the unexpected death of his father. If you have a dysfunctional relationship or marriage, Discover:\*

The motivations behind the abusive behavior\* Whether there is hope for the relationship or if it is time to get out\*

Practical tips to heal should your spouse commit to get help

Anyone trapped in a manipulative, controlling relationship full of anger, yelling, and arguments, yet who yearns to have a relationship and marriage full of love, emotional intimacy, and trust will gain insight and practical knowledge and guidance from this book.

Answer the questions:\*

What role childhood plays in an abuser's life\* How does a too-close relationship with mom affect a husband\* What is the 'payoff' to abuse in marriage\*

Codependency and the role of the rescuer\* What type of counseling won't work and which is best\*

How to know if it's time to leave the relationship\* How to tell if your mate is really changing\*

What is the Dr. Jekyll / Mr. Hyde personality\*

What role anger plays in the abuse inflicted on others\*

What is Arrested Development and what role does it play\*

Root causes of abuse

self you recognize even some of these traits within yourself, or someone you love, you owe it to you and to all those around you, your spouse, children, family, friends, and coworkers to read this book.

## Book Information

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## Customer Reviews

I was very interested in reading this book because throughout my life I have seen a lot of abusive Men and Women and honestly, I wanted to see if this book could help me to understand it a bit. What I went through, what I may have done to others in my worst times, when my illness was out of control and I was out of touch. So when I began to read this book I had high expectations of what I might learn from an actual admitted and in the healing process emotional abuser. My expectations of this book and what I might learn were fulfilled and then some. I was amazed at how openly, honestly and frankly Austin James spoke of his past. He is 'real' and very detailed but the abuse and the way this book is written it does not lose your attention for a moment. Most books will have a point where it is redundant and you skip a bit but I couldn't skip anything, he really explained his understanding of what he did and owned it all in such a way that I was captured by it. I have great admiration for Austin James and his ability to learn and experience what he has on his path to healing. He didn't take any of it lightly when he finally was enlightened of what he had done to his family over his 30 years of abuse, he opened himself to it and accepted it all. I learned of things that I did, in my worst days, to my now ex-husband and the things he did to me from day one of our relationship. I can resonate with everything in this book, most of it was done to me, I saw it all happen to my mother over and over, and I see it happen to others. I didn't realize how controlled and emotionally abused I was by my ex-husband till I read this book. What an eye opener, not only to the things done to me but what I did to him.

I read some of the bad review reviews and thought perhaps the reviewer was being a bit emotional or even overly unsympathetic something. NOT SO! The author (Austin James) of this book seems to

be using his book to further manipulate the readers and defiantly uses the title just to sell the book. See below for the other ways I believe he is using the book to abuse and manipulate his poor wife and kids. He speaks of his father dying when he is 15 years old. Then later he says he emphatically spells out that he was "-twelve" then another chapter later he is 15 again. HUM???? Austin James claims to have been a completely changed man after just a few weeks following his wife's request for a divorce. That type of change would be nothing short of a miracle. I do believe miracles can happen, however, I doubt that this author experienced said miracle. For one, he continues throughout the book (OVER AND OVER) to harp on the fact that his ex-wife was abused as a child. HUM....? He also says he always felt it was his job to "protect" his wife. Yet he has no problem abusing his wife yet again as he violates her personal privacy. Perhaps to let any would be suitor know she is indeed damaged goods. He also benefits financially from inflicting this abuse on her once again by any profits he may gain from the book. If he was in fact protecting his ex-wife he would protect her privacy at all cost. Therefore, his abuse of his ex-wife continues. (How masterfully manipulative!) He is an admitted liar and self-proclaimed master manipulator. One has to question if his wife was ever abused by anyone before she met him. Either way he says whatever will serve his own agenda. The book also seems to pitch a recovery program over and over.

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